GLOBAL ALLERGY & AIRWAYS
PATIENT PLATFORM

Summary - Global Respiratory Summit – Sept 10, 2020 – virtual

Because of COVID-19 and to guarantee all safe participation, the 2020 Global Respiratory Summit 2020 was held virtually.

We want to thank all for attending at the meeting and provide a summery to all our members about the first collective hour with Tonya Winders and the three breakout sessions – Asthma, COPD, Rare Disease.

Highlights of the collective Session (with Tonya Winders)

Objectives:

- Share Best Practices
- Build Organizational Capacity
- Leverage Our Collective Voice

Burden & Prevalence :

• >1Billion currently living with CRDs---asthma, COPD, TB, etc.
• Prevalence growing
• Third leading cause of death globally
• >90% of deaths occur in low-middle income countries
• Burden slight decrease in past 10 years---asthma worse in childhood & COPD in 60's
• >20% have asthma & COPD
• >40% have more than 3 comorbidities
• WHO Global NCD Action Plan 2020
• WHO GARD
• Global Asthma Network 2022
Covid-19

GAAPP Look Ahead

• COPD Capacity Building/Mentoring Network
• Research Projects & Registries
• World Awareness Days 2021
• LSE SA Audit results & Policy Priorities Alignment
• Type II Inflammation Virtual Congress
• Digital Health/Telehealth Advancement
• Disease State Resource Centre—Asthma, COPD, COVID, TB, Rare Diseases, etc.
• KPI's to achieve SP Objectives:
• Financial Sustainability
• Building Organizational Capacity
• Awareness
• Education
• Advocacy (Health Policy)

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Breakout Session (Asthma, COPD, Rare Disease)

Asthma Goals 2021:

Awareness:

- Global Infographic w/ country stats—Dx, Deaths, Impact--$$, Morbidity, Mortality

Education: (*Patient* & HCP)

- *Prevention of attacks/flares—perception of symptoms; inhaler technique; access*
- *VHC/spacer/peak flows/etc*.
- After an Attack---what to do? Gaining control—stepping up & down—routine care
- PCP vs Specialists---SABA free focus; OCS last resort---GINA Step 1 & 5 changes
- Importance of Action Plan & Inhaler Technique training

Policy Priorities:

- Access to care---essential medications---right treatment for right patient at right time
- Health Inequities---Universal care—access to insurance & specialty care—self advocacy/empowerment

COPD Goals 2021:

Awareness:

- Know COPD!! - 3rd cause of mortality worldwide!

Education: (*Patient* & HCP)

- *Measure lung function and know about your "status"* → *Lung has same importance as the Heart*!
- Early diagnosis is key to reducing the progression of disease!

Policy Priorities:

- COPD is only costly if diagnosed too late!
- Fund research and education to help those with COPD!
- Breathing is a human right**!**

Rare Disease Goals 2021:

Awareness:

- Avoid fear of covid-19 and vulnerability –
- For mental health: try to reduce the high situation of fear, anxiety or stress

Education: (*Patient* & HCP)

- *Build or stick to a life project and learn how to manage it, in a positive way*
- Module and Guidelines need to be drawn up to improve the dialogue with the patient
- Make sure that this training is carried out

Policy Priorities:

- To claim the right to access and be provided with therapeutic treatment, at the global level under equal conditions, in order to avoid discrimination across borders or within federal systems.

- Recognition of the existence of the disease (phase 1) and (consecutive phases) of the patient's rights; establish a chain approach for advocacy path on which to advance withing own systems.