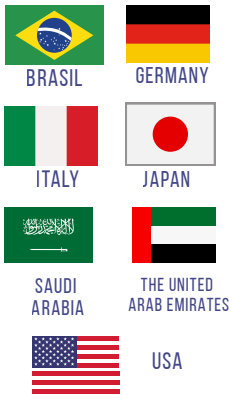
GLOBAL ALLERGY & AIRWAYS PATIENT PLATFORM

LIVING WITH UNCONTROLLED MODERATE TO SEVERE ASTHMA

WHAT WE LEARNED FROM OVER 1,400 PATIENTS



BARRIERS TO CARE

56%
WAITED FOR 1 MONTH OR MORE FOR LUNG FUNCTION TEST

> 50%
NEEDED EMERGENCY VISITS OR HOSPITALIZATION

≥ 50%
SAW 3+ DOCTORS FOR CARE

- Asthma symptoms can be **hard to control** even with daily inhalers
- Many patients wait a **month or longer** to get lung function tests
- Almost **half needed emergency care** or hospitalization
- Many see **3 or more doctors** before finding the right treatment

MISSED OPPORTUNITIES

CURRENT REALITY

1 IN 3
use daily steroid pills

11%
Over 1 in 10 people are receiving advanced treatments (biologics)

WHAT PATIENTS WANT

Barriers include: cost, fear of injections (shots), and limited access

Most patients say they would **use biologics** if they were easier to get

LIFE WITH UNCONTROLLED ASTHMA

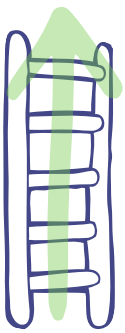
TROUBLE
WITH WORK, SCHOOL, AND PHYSICAL ACTIVITY

POOR SLEEP
LOW ENERGY

EMOTIONAL **STRESS** AND WORRY

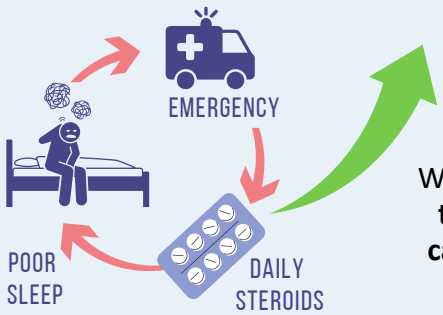
OVER **4 IN 10** PEOPLE **(42%)** REPORT IT'S "DIFFICULT OR VERY DIFFICULT" TO MANAGE THEIR ASTHMA.

SOLUTIONS FOR BETTER CARE



5. **Follow-up care** after emergency visits
4. **Stronger support** for self-management and patient education
3. **Better access** to biologics and advanced treatments
2. **Team-based care** pulmonologists, allergists, nurses, pharmacists working together
1. **Faster diagnosis** with access to lung testing

BREAK THE CYCLE OF EMERGENCY CARE



With **faster diagnosis, advanced treatments,** and **coordinated care**, people can **live healthier, more stable lives.**

BE YOUR OWN ADVOCATE

- Ask your doctor about advanced treatments if your asthma is not under control
- Share your challenges — don't stay silent about flare-ups, poor sleep, or ER visits
- Connect with support groups and patient organizations for tips and encouragement
- Keep track of your symptoms and bring notes to appointments

"YOU HAVE THE POWER TO SPEAK UP, ASK FOR BETTER CARE, AND TAKE STEPS TOWARD A HEALTHIER LIFE."

The Global Patient Perspective on Uncontrolled Moderate to Severe Asthma: Reducing Delays in Diagnosis and Treatment
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