VIEWS ON VACCINES & ANTIVIRALS

Among Adults with Chronic Health Conditions

GLOBAL ALLERGY & AIRWAYS PATIENT PLATFORM

Survey of 3,024 U.S. adults with lung disease, heart disease, or diabetes.

Perceived Risk

60%

Think their health condition puts them at higher risk from viruses.

Some chronic conditions may increase the risk of severe illness from respiratory viruses.

Vaccine Uptake

68% Get a yearly flu shot

64% Got a COVID-19 vaccine

Even though many people with chronic conditions get flu and COVID vaccines, a substantial number still are not protected.

Antiviral Medications

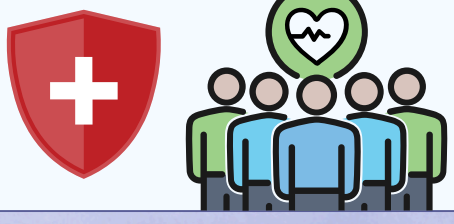
60%

Would take an antiviral if their healthcare provider offered it.

More likely to use antivirals if they've had serious illness.

Key Insight

Knowing your risk can help you take steps to protect your health.



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Know your risk.

Protect your health.

PROTECT YOURSELF FROM SERIOUS RESPIRATORY ILLNESS

If you live with a lung condition (e.g., asthma, COPD, bronchiectasis), heart disease, or diabetes.

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Why This Matters

If you have a chronic condition, viruses like **flu** and **COVID-19** can make you much sicker.

Many people know they are at risk— but not everyone is fully protected.

What Helps?

Vaccines

Vaccines help **prevent illness** or make it less severe.

Antivirals

Antivirals are medicines that can **make illness milder** if you get sick.

They work best when started early.

What Can I Do?

- **Ask your healthcare provider** which vaccines you should have. (**Flu, COVID-19, RSV**, and others may be recommended.)

- **Ask if antivirals are right for you.** Find out how to get them quickly if you test positive or develop symptoms.

- **Make a plan before you get sick.**

Key Takeaway

Knowing your risk can help you take steps to protect your health.

You have options. You can reduce your risk of serious illness.

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